

# DOROTHY C. BENSON SENIOR MULTIPURPOSE COMPLEX

6500 Vernon Woods Drive, Sandy Springs, GA 30328

404-613-4900

[www.bensoncenter.org](http://www.bensoncenter.org)

Days & Hours of Operations: Mon.-Fri. 7:00 a.m. – 5:00 p.m.

**Celebrating 19 years!**

## December Event Schedule 2018



### ATTENTION: Upcoming Events

**12/3-14** (Mon. & Fri.) **Aqua Bike Workshops** (12-1 p.m.) Benson participants will have an opportunity to exercise on the Aqua Bikes and learn all the fantastic benefits of riding bikes in the pool, please sign up in the Fitness Room with Nicole or Jennifer.

**12/12** (Wed.) **A Christmas Carol** (9 a.m. – 3 p.m.) Celebrate the holidays with the beloved Dickens classic in this Broadway-scale production with beautiful live music and an all-star Atlanta cast at The Cobb Energy Center. Ticket sales ends 11/16/18.

**12/14** (Fri.) **Holiday Happy Hour Trivia** (2-3 p.m.) Benson participants will enjoy an afternoon of refreshments, socialization, and interactive trivia fun!

### Registration Dates 2019:

- “At Home” Online Registration— Opens at 9 a.m. December 17, Closes 12 p.m. December 21, 2018
- Online Facility Registration - Opens 9 a.m. January 2nd, Closes January 8th at 3:30 p.m.
- Lunch Break each day 12-1:30
- Staff will be available to answer questions, and provide assistance during this time.
- “Drop/Add Period” Jan. 9-11, 2019

**Note:** *Benson Senior Multipurpose Center will be closed to the public on 12/17-21/18 for Facility Improvement. Week.*



**Things that may interest you....**

**Social Security and Supplemental Security Income (SSI) benefits for more than 67 million Americans will increase 2.8 percent in 2019.**

The 2.8 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 62 million Social Security beneficiaries in January 2019. Increased payments to more than 8 million SSI beneficiaries will begin on December 31, 2018. (Note: some people receive both Social Security and SSI benefits.)

In December 2018, Social Security COLA notices will be available online to most beneficiaries in the Message Center of their **my Social Security**.

**<https://www.ssa.gov/news/cola/>**

**New Medicare cards are in the mail**

Your new card will have a new Medicare Number that's unique to you rather than use your Social Security Number. This will help to protect your identity.

**YOUR NEW CARD WILL LOOK LIKE THIS:**



**Benson's Holiday & Closing Schedule 2018**



**12/24 & 25 (Mon. & Tues.) Christmas**



**Class Dates for 2019 & Instructors**

- Jan. 31 (Jerry)**
- Feb. 28 (Warren)**
- Mar. 28 (Jerry)**
- Apr. 25 (Warren)**
- May 30 (Jerry)**
- Jun 27 (Warren)**
- Jul 25 (Jerry)**

- Aug. 29 (Warren)**
- Sept. 26 (Jerry)**
- Oct. 31 (Warren)**
- Nov. 14 (Jerry)**
- Dec. 5 (Warren)**